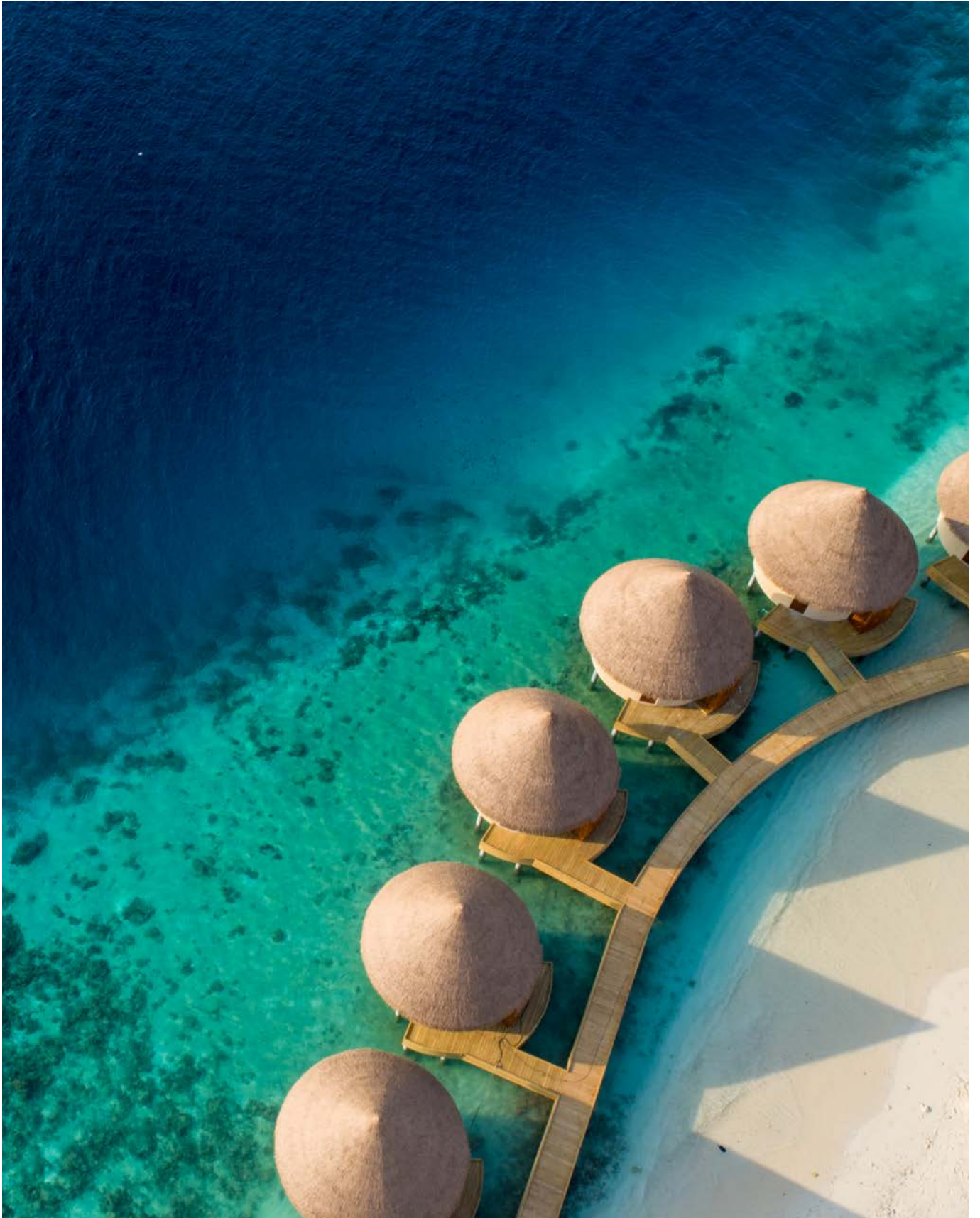




INTERCONTINENTAL[®]
MALDIVES MAAMUNAGAU RESORT



AVI is sunshine in the language of our island home.
A synonym for happiness, joy, and pleasure

A stunning over water escape, AVI Spa is inspired by raw nature, the whimsy of water, the psychology of natural light and sound play and a touch of the colors of sunshine.

We believe in a hopeful, inspirational world where innovating with natural materials connects people with nature.

Our goal at AVI is to provide more than a physical experience we seek to deliver a profound and transformational experience with a synergy of global indigenous health principles, and European organic botanicals with a good dose of heart felt attention.

Shredded coconut swirled with mango, warming spices, wildflowers, berries and fresh herbs. Eminence Organics the signature brand of AVI Spa is one of the global leaders in organic skin products, using sustainable farming and green practices to create natural, organic and Biodynamic® products since 1958.

Margaret Dabbs London is the globally recognized brand specializing in both credible, results driven feet, hands and leg products and also manicure, pedicure and leg treatments for both men and women. Margaret is a celebrity podiatrist who has created treatments and products that are as much therapeutic as they are beauty focused. AVI Spa features the Margaret Dabbs revolutionary botanical Vegan range PURE.

Kerstin Florian is a luxury skincare brand that focuses on results. The guiding philosophy of Outer Beauty, Inner Health inspires a sense of wellbeing through powerful plant, marine and technically advanced ingredients as well as professionally designed spa services. To support a wellness-based lifestyle and to achieve healthy-looking vibrant skin, encourage four core lifestyle practices people can incorporate into their daily lives: Proper Nutrition, Regular Exercise, Peace of Mind and Care of the Face & Body.

Like food for the skin, seeds, pulps and peels impart regenerative and healing powers that only nature can produce, combined with pure waters drawn from a thermal hot spring lake containing minerals and trace elements found nowhere else on earth.

AVI presents pure, premium, all natural treatments in a menu designed with focus on our guests' individual needs.



AVISPA



MASSAGE BY AVI

Inspired by the ethereality of the water and transformational power of crisp island air, AVI Spa is designed to recharge the soul by awakening the senses. Rejuvenate in the overwater treatment villas, each harnessing the psychology of natural light to send you into a deep state of relaxation.

AVI Signature Treatment | 90 minutes

Our energizing signature massage is a synergistic blend of muscle melting warm jade stone massage and rhythmic wave like movements of Hawaiian Lomi Lomi to release tension and restore energy.

Warm Bamboo Massage | 90 minutes

Bamboo massage is a technique that incorporates heated bamboo stalks of varying lengths and diameters to provide deep-tissue work. The massage itself promotes circulation, sensory nerve perception, and lymphatic drainage and provides a deep sense of relaxation and well-being.

Herbal Poultice Treatment | 60/90 minutes

Herbal Poultice is a warm herbal compress filled with organic herbs is heated and applied directly to the body with a variety of specialized techniques focus on back and shoulder. The heat, combined with the herbs are absorbed by the body and help to reduce aches and pains, increase lymphatic drainage and condition the skin.

Body Firming Massage | 75/90 minutes

A slimming massage where exclusive techniques and serums are applied to stimulate blood circulation, eliminate toxins, active lymphatic drainage and reduce water retention.

Deep Tissue Massage | 60/90 minutes

A stimulating massage performed on the deeper layer of muscles and highlighted with warm spices on the shoulders and areas of tension. Specialized techniques and hot towel compresses relieve stress and pain and encourage the body's circulation. Perfect for the sports person or anyone holding stress in their bodies.

Thai Massage | 75/90 minutes

Unique to Thailand this massage style incorporates yogic stretches and deep acupressure point therapy. Designed to loosen muscles and to encourage energy flow, promoting a feeling of calm and optimum well-being.

Balinese Massage | 60/90 minutes

The world renowned Balinese massage is performed using long strokes, skin rolling and thumb pressure. A rhythmic experience promising deep relaxation and a profound sense of serenity.

Mother to Be | 75/90 minutes

Designed to relieve back pain and improve sleep and mood, as well as decrease stress. Our therapists will ensure your comfort whichever part of your pregnancy you are in.

Foot Massage with Gua Sha crystal stones | 60 minutes

Inspired by ancient Chinese techniques utilizing pressure point stimulation on the feet. This therapy is designed to encourage energy flow to all vital organs and promote a sense of well-being. Combined with Gua Sha crystal stones to relieve tension and boost circulation.

AVI Global Specialist Therapy | 60/90 minutes

The AVI Spa team members have been carefully selected from all over the Globe celebrating the diversity and beauty in the healing traditions of ancient cultures. Each of our therapists brings a unique therapy from their own culture to AVI Spa and it is our desire that you experience that in its greatest authenticity.

BODY THERAPY BY AVI

Understanding the overall wellness of our physique, Body Therapy is designed to cleanse and calm the skin with each therapy focussing on stimulating and rejuvenating the senses.

Spirulina Detox Body Wrap | 60 minutes

A purifying mineral Turkish Body Scrub followed by a nutrient rich Spirulina Body Wrap to improve skin elasticity and cell regeneration.

Coconut & Mango Body Polish | 60 minutes

Reveal smooth and glowing soft skin with a tropical cocktail of super foods, gently exfoliate with a coconut sugar scrub followed by a mango enzyme peel, nourish with firming coconut body lotion.

Mixed Berry Body Scrub | 60 minutes

Effectively remove rough and dry skin with our cranberry & pomegranate body scrub, follow with a blueberry soy slimming body wrap to refine and firm the complexion. Finish with an application of vitamin packed honeydew lotion for silky skin.

Stone Crop Body Firming Utilizing | 60 minutes

Featuring one of the globe's great super plants stone crop, this treatment ritual unique to Eminence Organics promises to smooth and firm, correct pigmentation and heal skin conditions, ideal for uneven complexions.

Coconut & Sea Salt Body Scrub | 60 minutes

A traditional and natural way to deeply cleanse and polish your skin using an invigorating coconut and sea salt scrub, leaving you with glowing skin.

Sun Kissed Skin Cooler | 60 minutes

Begin with a cool compress followed by a healing and soothing aloe vera and lavender wrap, whilst the aloe goes to work you will receive a gentle scalp massage. Finish off with an application of healing stone crop lotion with germ oil to enrich and increase moisture levels within the skin.

FACIAL THERAPY BY AVI

All facials incorporate crystal rolling and an acupressure facial massage to stimulate lymphatic drainage, reduce puffiness and encourage microcirculation.

Marine Flower Peptide Collagen Boosting Facial | 75 minutes

An anti-aging treatment that will leave your complexion feeling youthful and radiant. Plump, hydrate and smooth your skin with botanical peptides and algae extracts for collagen boosting. This facial will help to reduce fine lines, wrinkles and ideal for all skin types.

Energizing Gemstone Facial | 75 minutes

Prepare to glow from inside out with a completely transformative skin care experience using natural Gemstone collection. Stimulate your senses and reveal balanced, energized, glowing skin.

Firm Skin Ultra Lift Facial | 60 minutes

Eliminate the signs of aging, bringing youth and vitality back to the skin, with our complete firming solution. This facial helps to prevent dehydration, reduce wrinkle depth, and protect against future damage from free radicals.

Mangosteen Resurfacing Facial | 60 minutes

Pore-refining, revitalizing, and skin resurfacing diminishing signs of aging. Eminence Organics' proprietary Lactic Acid Complex paired with antioxidant-rich "super fruit" Mangosteen resurfaces dull skin, minimizes pores and refines skin tone, unveiling a fresh, luminous complexion.

Microgreens Mens' Detox Facial | 60 minutes

This facial is detoxifying, oxygenating, hydrating and brimming with vital antioxidants combating early signs of aging caused by pollution and other environmental stressors. This truly rejuvenating-yet-relaxing facial is tailored specifically for a gentleman's needs.

Vitaskin Bright Skin Facial | 60 minutes

Target dark spots and hyperpigmentation while you brighten and tone your skin with natural and organic ingredients such as Bearberry, Licorice Root and shooting Stone Crop.

Vitaskin Clear Skin Facial | 60 minutes

Specially for oily/acne prone skin, this is a complete clear skin solution that detoxifies and revitalizes acne prone or oily skin types with gentle, effective ingredients that provide essential vitamins and antioxidants to soothe inflammation purify the skin and reduce the formation of sebum and bacteria.

Vitaskin Calm Skin Facial | 60 minutes

Designed especially for sensitive and rosacea skins, sensitive skin has never felt calmer. Utilizing healing and calming ingredients such as arnica, horse chestnut, and rosemary this facial dramatically reduces redness and calms irritation, even for the most sensitive skins.

Bright Eye Enhancement | 15 minutes

For beautiful bright and fresh eyes this treatment targets fine lines, wrinkles, crow's feet, puffiness, dark circles, and lack of skin tone.

Luscious Lip Enhancement | 15 minutes

This treatment diminishes fine, vertical lip lines, removes dryness, and dramatically increases collagen production to create fuller, more voluptuous lips.

SPA EXPERIENCES BY AVI

Carefully curated by the experts, each Spa Experience by AVI is designed with a focal objective in mind. You can select an experience to energise, relax or rejuvenate to suit your personal needs.

Energise | 70 minutes

Designed to ease away aches and pains in the back and shoulder area, where most people carry their stress. Enjoy a refreshing scrub, cleansing mask and massage followed by the application of heated compresses.

Foot cleanse | Back scrub | Back mask & massage | Hot compress application

Heavens Realm | 120 minutes

Specifically created for body regeneration. Begin with a footbath ritual followed by an invigorating coconut body scrub, follow with the application of a cleansing body mask. Next experience foot reflexology to stimulate the body's natural healing processes and finish off with a purifying bath soak.

Foot cleanse | Body scrub | Body mask | Reflexology with gua sha crystals | Purifying bath

Body Firming Detox Package | 140 minutes

Purifying, detoxifying, hydrating and nourishing treatment begin with Spirulina Detox Body Wrap and Detox Bath followed by Body Firming Massage. Finish this firming experience with an application of Remineralizing Body Crème blended with Organic Oil to hydrates and brightens the skin.

Foot cleanse | Body scrub & Body wrap | Detox bath | Body firming massage

Yin & Yang | 140 minutes

At AVI Spa indulge in pure luxury with this romantic body ritual. Begin with an aromatic chocolate truffle body wrap followed by a romantic soak in a petal-strewn bath. Finish with our energizing AVI signature treatment.

Foot cleanse | Body wrap | Petal bath | AVI Signature massage

Clarity | 150 minutes

Experience this purifying body treatment designed to heal the body, calm the mind and soothe the soul. Begin with a footbath ritual and invigorating stone crop scrub, a body mask is then applied to the skin to purge impurities. Next relax into a healing bath infusion and finish off with a Thai massage.

Foot cleanse | Body scrub and body mask | Purifying bath - Thai massage

Illuminate | 170 minutes

Begin with a footbath ritual followed by a mixed berry body polish and an indulgent soak in a luxurious petal strewn bath. Next enjoy a Balinese massage to relieve tension, improve blood flow, ease stress and calm the mind and finish with a revitalizing facial treatment. This journey will leave your soul renewed and your complexion radiant and luminous.

Foot cleanse | Body scrub | AVI bath | Balinese massage | 60 minutes facial of choice

Sanctum for Men | 170 minutes

This special treatment package is created with Men's skin and body needs in mind. After a footbath ritual, enjoy a deeply exfoliating body scrub followed by a soothing bath, deep tissue massage and finish off with a facial treatment.

Foot cleanse | Body scrub - healing bath | Deep tissue massage | Microgreens Men's Detox Facial

ROMANCING THE SPA

Indulge with that special someone for a day of unsurpassed luxury and pampering at AVI Spa.

AVI Honeymoon Spa Packages | 150 minutes

Melt into the essence of paradise with a curated honeymoon spa package designed to celebrate togetherness with a side-by-side couple spa treatment specifically for the newlyweds. Begin with a rejuvenating Body Therapy followed by Couple Massage and choice of soothing and refreshing facial or blissful foot massage to restore natural energy flow.

Body therapy | Couple massage | Choice of facial or foot massage

AVI Love | 150 minutes

Immerse in synchronized serenity with this AVI Spa Journey. Smooth the texture of your skin with Coconut and Mango Body Polish followed by AVI Spa Signature Massage to improve your blood circulation. As we cocoon you into deep relaxation, immerse in sweet realization of how sacred it truly is, to spend quiet time together.

Coconut & Mango Body Polish | AVI Signature Massage

Romantic Indulgence | 140 minutes

Romantic experience designed to pamper your skin and melt away your tension. What better way to connect than spending luxurious time together in a relaxing AVI Bath Therapy followed by AVI Global Specialist Massage and Eminence Organic Facial with Face Crystal Roller Massage Therapy.

AVI Bath Therapy | AVI Global Specialist Massage | Eminence Organic Facial with Face Crystal Roller Massage Therapy

Embrace | 120 minutes

Embrace a moment together for a relaxation and unforgettable experiences. Escape the limits of time with our exquisitely package to rejuvenate body, mind and spirit. Begin with Body Massage and followed by Facial Therapy.

Body Massage | Facial Therapy

TEEN SPA BY AVI

We've got you covered with a selection of deliciously chilled out Spa treatments that will make any adult jealous. Curated especially for Teens' skin, bodies and minds.

Fresh | 50 minutes

If bumps and spots are getting you down we have the solution, this Eminence Organics facial will deeply clean the skin, soothe angry red complexions and reduce oiliness.

Chill | 50 minutes

When your face is super delicate and one wrong move can make you tomato red it's time for our Chill facial. Organic herbs known for their calming and healing abilities will be applied to clean soothe and nourish the most sensitive skins.

Bliss | 50 minutes

This massage focuses on your stress points and is good enough to erase all memories of exam time. Your therapist will use long strokes and kneading to loosen up and relax the shoulders and back, finishing up with a foot massage, you will be dancing out the door.

Buff | 50 minutes

Good enough to eat our Coconut, Chocolate, Sugar body treatment focuses on the back, arms and legs to remove rough spots and smooth you out, follow with a chocolate truffle body wrap to give you that outer glow.

BATH SOAKS BY AVI

Our bath soaks are brimming with natural ingredients including floral and herbal extracts for glowing skin. Available in Spa with treatments and in Villa at your leisure, please reserve 6 hours in advance.

AVI | 20 minutes

Nourishing coconut cream blended with AVI essential oil blend to soften the skin and leave you with a glowing complexion.

Sensuality | 20 minutes

A sensual soak created for two, utilizing the aphrodisiac qualities of pure organic flower essences of rose otto and ylang ylang and a sprinkle of petals.

Healing | 20 minutes

A soothing combination of cool water, green tea, nourishing lavender essential oil to cool and soothe sun kissed skins.

Purifying | 20 minutes

A cleansing and purifying combination of grapefruit essential oil and sea salts, this mineral rich combination of citrus and sea, encourages detoxification leaving the body refreshed and cleansed.

Thermal Suite | 60 minutes

Thermal spa experiences have a long history, dating back to Ancient Roman times. The combination of therapies involving hot and cold treatments is renowned for relieving muscular aches and pains, detoxing skin, improving body metabolism and increasing circulation.

Beauty by AVI

Waxing | 30/60 minutes

Underarms

Bikini

Half leg

Full leg

HANDS & FEET BY MARGARET DABBS LONDON

Supreme Manicure | 60 minutes

Our outstanding anti-ageing luxury manicure treatment gives exceptional results, with the indulgence of the full range of Margaret Dabbs London Fabulous Hands products. The treatment includes a wonderful creamy scrub, hand and lower arm massage and finishes off with a polish, buffing for men.

Total Manicure | 45 minutes

A thorough Manicure, to the point and hugely effective including cuticle work, nail shape and nail polish application, buffing for Men.

Supreme Pedicure | 60 minutes

Our outstanding luxury pedicure treatment gives long lasting results, with the indulgence of the full range of Margaret Dabbs London Fabulous Feet products. The treatment includes exfoliation, a soothing footbath, revitalising foot massage and finishes off with a polish for transformative results, buffing for Men.

Total Pedicure | 45 minutes

A thorough pedicure, to the point and hugely effective including cuticle work, hard skin removal with foot filing and nail polish application, buffing for Men.

LEGS BY MARGARET DABBS LONDON

Leg Therapies by Margaret Dabbs London have medical and beauty benefits and contain key ingredients of Legance™ and V-Tonic complex focusing on venous de-congestion and foot and lower leg swelling whilst at the same time transforming legs leaving them feeling smooth, visibly more slender, silky and light.

Illuminating and Refining Yellow Leg Masque Treatment | 60 minutes

This luxurious and results-driven leg treatment refreshes and lightens the legs whilst also improving circulation and skin elasticity. This treatment leaves your legs looking visibly silky, slender and illuminated with firmness and tone improved.

Relieving and Toning Black Leg Masque Treatment | 60 minutes

This outstanding Black Leg Masque Leg Treatment is designed to relieve the feeling of heavy legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin and lightening the legs. This fabulous treatment leaves your legs feeling lighter, sleeker and slender.

SPA ETIQUETTE

HOUR OF SERVICE

AVI Spa is open for reservation from 10.00 am – 08:00 pm

SCHEDULING AN APPOINTMENT

To schedule an appointment for your preferred treatment, please inform your personal Island Curator. To ensure your preferred time and service is available, we recommend booking in advance.

ARRIVAL TIME

We recommended that you arrived 15 minutes prior to your appointment. Late arrivals will limit the time of your treatment.

CANCELLATION POLICY

Should you need to cancel or reschedule, a 6 hour notice is required before the schedule treatment. For non-arrival, full price of the service will be charged.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies, any recent surgeries or injuries, which could affect your choice of treatment when making your reservation.

SPA ATTIRE

Changing locker facilities are available in our changing rooms as well as inside the treatment rooms, where bathrobes, slippers, and disposables are provided.

SPA ETIQUETTE

To maintain a peaceful atmosphere and to respect other guest's privacy, we kindly request that mobile phone are silenced when arrive at the spa. Our Spa is a whisper zone and non- smoking are.

VALUABLES

We advise that you leave valuables in the safe in your guest room. AVI Spa are not responsible for any loss or damage of valuables of any kind.

AGE REQUIREMENTS

Guest of AVI Spa must be 19 years old and above to access or use the spa facilities and treatment. Age 12 -18 years old must accompanied by an adult.



PRICE LIST

MASSAGE BY AVI

AVI Signature Treatment	90 minutes	250
Warm Bamboo Massage	90 minutes	250
Warm Herbal Poultice Treatment	60/90 minutes	200/275
Body Firming Massage	75/90 minutes	250/300
Deep Tissue Massage	60/90 minutes	195/245
Thai Massage	75/90 minutes	215/245
Balinese Massage	60/90 minutes	185/235
Mother to Be	75/90 minutes	215/240
Foot Massage with Gua Sha	60 minutes	150
AVI Global Specialist Therapy	60/90 minutes	200/250

BODY THERAPY BY AVI

Spirulina Detox Body Wrap	60 minutes	200
Coconut & Mango Body Polish	60 minutes	200
Mixed Berry Body Scrub	60 minutes	200
Stone Crop Body Firming Utilizing	60 minutes	200
Coconut & Sea Salt Body Scrub	60 minutes	185
Sun Kissed Skin Cooler	60 minutes	185

FACIAL THERAPY BY AVI

Marine Collagen Facial	75 minutes	225
Energizing Gemstone Facial	75 minutes	225
Firm Skin Ultra Lift Facial	60 minutes	200
Mangosteen Facial Resurfacing Facial	60 minutes	200
Microgreens Mens' Detox Facial	60 minutes	200
Vitaskin Bright Skin Facial	60 minutes	200
Vitaskin Clear Skin Facial	60 minutes	185
Vitaskin Calm Skin Facial	60 minutes	185
Bright Eye Enhancement	15 minutes	45
Luscious Lip Enhancement	15 minutes	45

SPA EXPERIENCES BY AVI

Energize	70 minutes	200
Heavens Realm	120 minutes	335
Body Firming Detox	140 minutes	425
Yin & Yang	140 minutes	425
Clarity	150 minutes	450
Illuminate	170 minutes	500
Sanctum for Men	170 minutes	500

ROMANCING THE SPA

AVI Honeymoon	150 minutes	815
AVI Love	150 minutes	715
Romantic Indulgence	140 minutes	725
Embrace	120 minutes	625

All the above prices are in US Dollars and subject to 10% Service Charge and 16% GST.
Complimentary scheduled session is available, please refer to our resort activity.

PRICE LIST

TEEN SPA BY AVI

Fresh	50 minutes	150
Chill	50 minutes	150
Bliss	50 minutes	150
Buff	50 minutes	150

BATH SOAKS by AVI	20 minutes	75
THERMAL SUITE	60 minutes	30

BEAUTY BY AVI

Waxing		
Underarms		30
Bikini		45
Half leg		60
Full leg		90

HANDS & FEET BY MARGARET DABBS LONDON

Supreme Manicure	60 minutes	125
Total Manicure	45 minutes	95
Supreme Pedicure	60 minutes	125
Total Pedicure	45 minutes	95

LEGS BY MARGARET DABBS LONDON

Illuminating and Refining Yellow Leg Masque Treatment	60 minutes	175
Relieving and Toning Black Leg Masque Treatment	60 minutes	175

All the above prices are in US Dollars and subject to 10% Service Charge and 16% GST.
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